



CLIMB MOUNT MERU

3 Days Climbing Mount Meru

Out Standing Tanzania safari • May 1, 2026

DURATION

3 Days / 2 Nights

Mount Meru Adventure

TRIP STYLE

Climb Mount Meru

Guided Trek

DESTINATIONS

Mount Meru

Arusha National Park

BEST FOR

Hikers

Adventure Seekers

Overview

3 days mount meru climbing is a rewarding short trek inside Arusha National Park, taking you from lush rainforest to open moorland and high-altitude huts before an early summit push to Socialist Peak (4,566 m). It's ideal as a standalone adventure or as preparation for Kilimanjaro, combining strong scenery, possible wildlife sightings on the lower slopes, and sunrise views from the top when conditions are clear.

Highlights

- 3-day guided Mount Meru climb in Arusha National Park
- Hike through rainforest, moorland, and alpine scenery
- Chance to spot giraffes, buffalo, and colobus monkeys on the lower slopes
- Acclimatization hike to Little Meru (weather permitting)
- Sunrise summit on Socialist Peak (4,566 m)
- Overnight stays in mountain huts with meals included
- Experienced guides and park ranger support
- Perfect warm-up climb before Kilimanjaro

Inclusions & Exclusions

INCLUSIONS

- Professional mountain guide and support team
- Park ranger escort (as required in Arusha National Park)
- Arusha National Park entry fees and hut fees
- All meals during the climb
- Drinking water (filtered/treated) during the trek
- Hut accommodation during the climb (2 nights)
- Transfers to and from the mountain (Arusha/Moshi area, as arranged)
- Pre-trek briefing

EXCLUSIONS

- International flights
- Travel insurance
- Visa fees
- Tips for guides and support crew
- Personal trekking gear
- Alcoholic drinks and extra snacks
- Accommodation before and after the climb (unless added)
- Laundry and personal expenses

Itinerary

Day 1

Momella Gate to Miriakamba Hut

Meals: Breakfast, Lunch, Dinner | Accommodation: Miriakamba Hut



After a morning briefing and park formalities at Momella Gate, begin the trek through forest trails. The lower slopes of Mount Meru are rich in wildlife and birdlife, and you may spot animals such as giraffes, buffalo, and monkeys along the way. Continue steadily to Miriakamba Hut, your first overnight stay. Settle in, relax, and enjoy dinner as you prepare for higher altitude the next day.

ACCOMMODATION	ACCOMMODATION IMAGE
Miriakamba Hut	—

Day 2

Miriakamba Hut to Saddle Hut (Acclimatization Hike)

Meals: Breakfast, Lunch, Dinner | Accommodation: Saddle Hut



Climb out of the forest into open moorland with wider views of the crater rim and surrounding landscapes. Arrive at Saddle Hut in time for lunch. In the afternoon, take an acclimatization hike toward Little Meru (weather and energy permitting). Return to Saddle Hut for dinner and early rest, ready for the summit attempt.

ACCOMMODATION

Saddle Hut

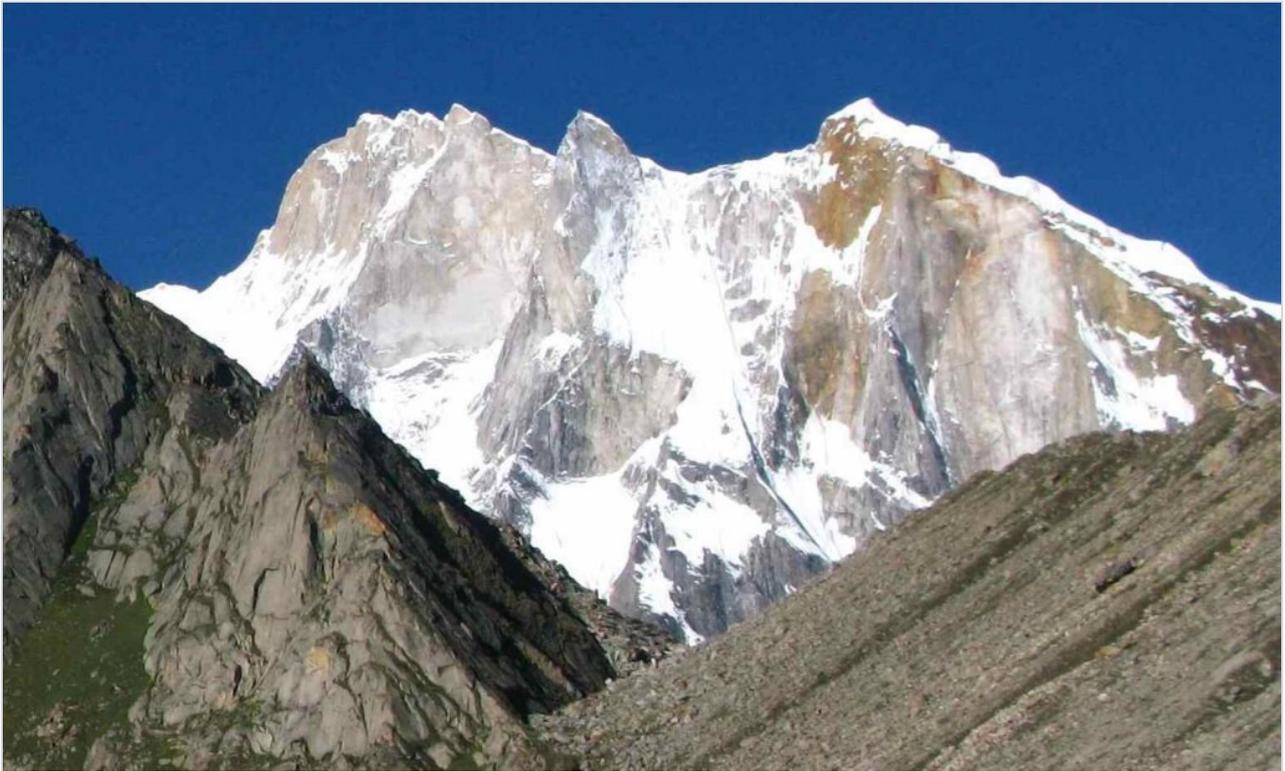
ACCOMMODATION IMAGE

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Day 3

Summit Day: Socialist Peak, then Descend to Momella Gate

Meals: Breakfast, Lunch



Start very early for the summit push to Socialist Peak (4,566 m). The trail is steep in places, and the sunrise from the top is a highlight of the climb. After photos and a short celebration, descend back to Saddle Hut for brunch, then continue down through the changing vegetation zones to Momella Gate. Transfer back to your hotel in Arusha/Moshi and end the adventure.

Frequently Asked Questions

How difficult is the 3-day Mount Meru climb?

Mount Meru is a challenging trek due to altitude and the summit day ascent, but it is shorter than Kilimanjaro. A good fitness level and steady pacing help most hikers complete it comfortably.

Do I need special gear for Mount Meru?

Yes. You will need trekking boots, warm layers for summit morning, rain protection, and a daypack. A full packing list can be shared after booking.

Is altitude sickness possible on Mount Meru?

Yes. Mount Meru reaches 4,566 m, so altitude symptoms can occur. The itinerary includes an acclimatization hike on Day 2 and guides monitor guests throughout.

Where do we sleep on Mount Meru?

Mount Meru uses mountain huts (Miriakamba Hut and Saddle Hut). Bedding is basic, so a sleeping bag is recommended.

Can I do Mount Meru as preparation for Kilimanjaro?

Yes. Many climbers use Mount Meru as a warm-up and acclimatization climb before attempting Kilimanjaro.

What is the best time to climb Mount Meru?

Generally, the drier months are preferred for clearer trails and views. We can recommend dates based on your travel window and current conditions.



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